

Youth Leadership

Self-Advocacy and My ARD/IEP

The most important part of self-advocacy is being able to share information about yourself with others. In order to be prepared for your ARD/IEP meeting, think about and write your responses to the following questions:

1. What positive information do I want to share with others, such as my interests and strengths?
2. What do I want to learn or work on improving this year?
3. What are my special concerns?
4. What goals have I set for myself for the future? Next year?
After high school?
5. How would I explain my disability to others?
6. What do I need to be successful? (I need the following accommodations; explain why)
7. How do I learn best?
8. What does not work for me?
9. This year I intend to:
 - Give important information to my parents or teacher to share with the IEP team
 - Lead my IEP team meeting
 - Come for just a few minutes rather than attending the whole meeting
 - Attend an entire IEP meeting
 - Understand what is written in my IEP
 - Goals and objectives?
 - Related services?
 - Accommodations?
 - Assistive technology?
 - Review the results of the meeting with my parent or my teacher
 - My other self-advocacy plans include:

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