1. Make sure you have a copy of your child’s current IEP and most recent evaluations. Read them prior to the ARD meeting.

2. Make a list of the progress you have seen in your child over the last year.

3. Make a list of your primary concerns for the upcoming school year/ARD meeting. Prioritize those concerns.

4. Consider the Present Level of Academic Achievement and Functional Performance (PLAAFP) from a parent’s perspective:
   - Ask yourself how your child’s disability impacts his or her learning.
   - List your child’s strengths.
   - List your child’s learning opportunities.
   - Consider what your child needs to learn next.
   - Consider if evaluations are current or if more evaluations are needed. Be prepared to request any needed evaluations.
   - Consider where you see your child in a year for each goal area.

5. List any specific questions that you would like to discuss at the ARD meeting.

6. List any goals/objectives you would like to include in your child’s IEP.

7. Other issues to consider:
   - Communication between you and the school,
   - Accommodations and modifications,
   - Extended School Year (ESY) services,
   - Behavior,
   - Social/Communication skills of your child,
   - Related Services,
   - Placement,
- State/District Assessment participation,
- Extracurricular and non-academic activities, and
- Transition.

8. Ask for a copy of the school's “draft IEP” prior to the ARD meeting. Read the “draft IEP” and make a list of any questions or concerns you have.

9. Create your agenda for the ARD meeting. Consider what you want the outcome to be. **Being prepared for the ARD meeting is how parents can best advocate for their child.**

10. Call Partners Resource Network at 1-800-866-4726 if you need specific questions answered about your child's IEP.